

Session 6: Module 11 – Nutrition Education Contact-Follow-Up Visits	
SCRIPT	
Description	Text
1. Introduction	Welcome to M-SPIRIT Session 6, Module 11 , of the M-SPIRIT Required Online Training presented by the Montana Department of Public Health and Human Services WIC Program.
2. Start	Nutrition Education Contacts
3. NutrEd	Nutrition Education Contacts or more commonly referred to as follow-up visits may be:
	Individual Education (which is most common)
	Group classes which may include activities, discussions, and/or videos
	A poster or bulletin board display with an interactive component
	Self-paced lesson with an interactive component
4. NutrEd1	The number of Nutrition Education Contacts:
	Participants shall be offered nutrition education contacts quarterly at a minimum
	The nutrition education contact at the certification counts as one of the minimums
5. <nec>	Kermit is due for a follow-up visit.
	Today's date is 10/23/2010 and he is 9 months old.
	Go ahead and open his participant folder.
6. <nec1>	This CPA Review alert appears when an infant's Participant Folder is opened and they don't have a blood value recorded.
	It begins displaying once the infant turns 5 months 15 days old.
	Close the alert.
7. <nec2>	Click the HT/WT Blood tab
8. <nec3>	...panning down...
9. <nec4>	We've measured Kermit so let's enter his height and weight. Click the Add button.
10. <nec5>	Press the Tab key or click into the Inches field.
11. <nec6>	Type 28 into the Inches field and press the Tab key.
12. <nec7>	Type 4 into the Eighths field and click into the Pounds field.
13. <nec8>	Type 19 into the Pounds field and press the Tab key.
14. <nec9>	Type 15 into the Ounces field and press the Enter key or click the OK button.
15. <nec10>	Let's take a look at Kermit's Growth Grids. Click the button.
16. <nec11>	Length for Age looks good...click the B-36 WT/Len tab....

17. <nec12>	...and his Weight for Length looks good...moving on.
	Click the Close button in the top right corner.
18. HtWt	The criteria for taking follow up heights and weights is as follows:
	For infants, length and weight need to be monitored monthly for the first three months of certification if the infant is less than six months old at the time of cert
	Beyond three months growth needs to be monitored quarterly
	If nutrition risk codes indicate a potential growth concern, length and weight need to be monitored at least every two months
	The nutrition risk codes associated with growth concerns are: 103, 121, 134, 135, 141 and 151.
19. HtWt1	If nutrition risk codes indicate a potential growth concern, length and weight need to be monitored at least every two months
	The nutrition risk codes associated with growth concerns are: 103, 113, 114, 121, 134, 135, 142 and 151.
	Please refer to the State Plan Policy 5-11 for more information.
20. <nec13>	We need to add his blood measurement too. Click the tab.
21. <nec14>	Click the Add... button.
22. <nec15>	Press the Tab key.
23. <nec16>	Remember...the system will add the decimal if the measurement is 3 digits.
	Type 103 into the Hemoglobin field and press the Enter key or click OK.
24. <nec17>	<no script>
25. Blood	Criteria for checking blood values at nutrition education contacts are as follows:
	For infants, a blood value should be taken at nine months in these situations:
	Premature infants
	Low Birth Weight infants
	Infants with special health care needs (medical conditions that would interfere with iron absorption
	All other infants should have a blood value taken between nine and twelve months
	Infants being certified after nine months of age need to have a blood value taken

26. Blood1	For children, a blood value should be taken six months after first infant screen
	For example if the first screen was done at nine months the next needs to be taken at 15 months and if the first was done at twelve months the next needs to be taken at 18 months
	If blood value is normal then another screen does not need to be taken until two year cert
	If blood value continues to be normal then values only need to be taken once a year
	If blood value is BELOW normal then a follow-up value needs to be taken within one to two months
27. Blood2	For pregnant women a blood value needs to be taken for certification
	Breastfeeding and Postpartum must have one blood value taken after termination of pregnancy
	Please refer to State Plan Policy 5-11 for more information on blood values
28. NutEd2	Also remember in nutrition education contacts to check the Risk Code tab to ensure no computer generated risk codes have changed.
	Also remember to check the food prescription to ensure no changes need to be made there as well.
29. <nec18>	Now we need to document the visit. Let's take a look at the General Note template. Do you remember how to open notes? Go ahead.
30. <nec19>	<no script>
31. <nec20>	Document in the General Notes tab for all Nutrition Education Contacts
32. Questions	Do you have any questions about what we just reviewed? If so, please submit them via the M-SPIRIT Frequently Asked Questions forum on the Montana WIC website.